



Volunteer Information Pack

transformations

Peer-to-Peer Addiction Recovery

Volunteer Information Pack

Introduction

Since 1999, Transformations Program Australia has been providing a Cliential Rehabilitation Service that endeavours to tend to and provide for individual needs in our community. Our signature Program, Transformations, initially adopted a therapeutic community model using base structures and philosophies used by other established rehabilitation programs in Australia and the USA. Transformations has evolved into an effective and successful client-centred, medium-term, drug-free service. Its program delivery occurs within a structured, safe and supportive environment, which adopts an abstinence approach.

A core concept of the Transformations therapeutic model is the purposive use of the peer community to promote constructive social and psychological change in individuals. Thus clients are highly involved in working with each other, on each other, and taking responsibility for charting their own progress.

An ongoing effort is made by our case management team to monitor and provide for the needs of the individuals we care for. We also consistently modify and adapt the program by consulting other professionals that are educated and experienced in dealing with the social and personal problems we face as an organization and to ensure best practice for our clients.

Our Philosophy

If adults, who are struggling with life controlling addictions due to trauma, abuse, or an inability to cope with life's challenges, have access to a peer led community, education, group therapy, case management and faith supported practices, then they are more likely to develop the capacity to live a healthy well integrated life that enables them to contribute meaningfully to the broader community. Our approach to recovery is holistic and our program is designed to address the core issues behind a persons addiction. Our approach covers four main areas; Biological, Social, Psychological and Spiritual. Our experience has shown us that individuals that strengthen in these areas are better equipped to live a meaningful life and are more resilient to life's challenges.

Therapeutic Community Model

Essential elements of a Therapeutic Community model include:

- Participants contribute directly to all activities
- The use of membership feedback is encouraged
- The use of collective formats for guiding individual change
- The use of shared norms and values
- The use of relationships between individuals, peers and staff to encourage individuals to engage and remain in the process.

Both the initial and extended programs utilise individual counselling and group work to achieve its goals. Group work encompasses educational, therapeutic and support groups addressing topics which include anger management, guilt, shame, social skills, assertiveness & communication training, relapse prevention, nutrition etc.

In addition to group work, each Client is assigned a counsellor/caseworker who is jointly responsible for tailoring interventions to the unique needs of the individual. These may include supporting clients while they address issues associated with the criminal justice systems, family and community services, housing and other legal/financial matters that are either pre-existing or arise during their participation.

Admissions

Criteria and requirements for Admission are as follows:

- Applicants for our residential program has detoxed from illicit/licit drugs and alcohol for 7 days minimum prior to entry.
- The applicant has identified the problem that is causing their life to become unmanageable.
- The applicant is 18 years of age or older. (People between 16 and 18 years may be admitted).
- Staff will determine if the program will be supportive of potential client needs).
- Assessment of the applicant's personal motivation and desire to change their life prior to admission.
- Applicants diagnosed with major mental health issues cannot be accepted due to constraints and demands of the program which is not able to support their needs.

However, comorbidity clients who are stable and are taking prescribed medication may be accepted on a case by case basis.

- We do not have the facilities to cater for couples or single parents with children in our residential program.
- Assessments will be completed with staff by telephone on the initial contact by applicant.

Then an appointment made for formal assessment.

- The applicant needs to maintain regular contact as advised until admission is negotiated.
- The applicant will be placed on an assessment waiting list until requested reports, consent form, other requirements are met.
- The applicant must have the full program fee to pay upon admission and demonstrate their ability to meet this commitment fortnightly.
- The applicant must be willing to abide by the Program Boundaries.
- The applicant must be fit enough to fulfil Work Therapy element of the Program.

Note: Clients are unable to work while in our residential program.

The Transformations Program

The goal of the therapeutic program is to provide an opportunity for clients and peers to experience personal challenges to support positive lifestyle change. We also provide opportunities for recreation, sporting and social activities.

The Transformations Program is separated into 5 Stages.

Assessment Stage

The initial four week period and is called Assessment:

- This is where the new clients are becoming familiar with their new environment.
- A time of no interaction with the outside environment.
- A time of cutting off all ties to their old lifestyle.
- A time of being nurtured and supported to stay committed to the program.
- The new client will be supervised by a senior 'buddy' at all times for accountability.

Assessment Stage Clients are not allowed contact with anyone outside the Program unless approved by Staff.

Stage 1

This is where Clients are:

- Experiencing the benefits of a drug-free and victorious lifestyle.
- Gaining an understanding of basic human behaviours and developing life skills.
- Making an informed choice about future treatment needs and options.
- Receiving education on issues such as relapse prevention, relaxation, harms minimisation, infectious diseases, basic nutrition, conflict resolution and basic sessions on anger, shame, grief and loss, fear and guilt, self esteem etc

Stage 2

During this stage of the program clients continue their recovery in a physical sense. The emphasis during this stage is on emotional and spiritual growth with the support of other clients and staff:

- A time of increased feelings of self-worth, gaining self-confidence in decision-making and learning through consequential thinking.
- A time of restructuring lifestyles, developing healthy attitudes and activities and setting realistic goals.
- A time of exchanging false belief systems and learning Cognitive Behaviour Therapy through self regulating behaviour.
- A time of addressing core issues including past trauma, grief, loss and shame.
- A time of assuming greater responsibility for personal recovery, involvement in the running of the community and supporting "newcomers" to the Program.

Before the client can progress to Stage 3 they must have given up cigarettes for a minimum of one week.

Stage 3

Stage 3 is where the clients:

- Take on a role of responsibility for the overall running of the program.
- Learn management and people skills.
- Learn stress management and time management.
- Learn selfless behaviour and positive role modelling.
- Identify and address power and control issues within their behaviour and belief systems.
- This is also the phase when clients begin the process of networking and discussing an Exit Plan with Staff to move into Stage 4 Transition phase.
- Setting goals for the future.

Stage 4 or Transition

Also called Transition, in this stage Clients have a supported structure for integration back to the outside world and may move into another house. The clients in this level of the program are required to;

- Volunteer time in some area of Transformations.
- Be actively seeking employment or vocational training.
- Attend certain groups within the Program
- Be actively participating in continued accountability with Staff.

Graduation

Graduation is a celebration of the success of completing the program, however it is also a step towards and continuation of living in a supportive environment and maintaining:

- A clean and sober life
- A positive influential life in the community.
- Positive relationships and healthy boundaries
- A spiritual foundation through prayer, reading and worship (mindfulness).



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Counselling & Case Management

- Clients can access weekly counselling sessions with our own registered Psychologist if requested.
- Our supportive and professional Case Management team help address the clients biological, psychological, social and spiritual needs, providing ongoing support throughout the program as well as community advocacy where needed.
- If at any time Clients are finding things difficult they may find it helpful to talk with other clients or approach a Staff Member for support.

Various Groups

Spiritual Groups

Alpha

A twelve week course introducing the basics of the Christian faith.

Morning Devotions

This group is an opportunity for Clients to grow spiritually and gain further understanding on how the spiritual aspect of the program might apply to their day to day life and recovery.

Chapel

A combined group where all the residential clients come together for a time of worship and to hear an inspiring message from one of our staff or volunteers.

Process Groups

Group Therapy

Group Therapy is held daily during the week. This group is designed to encourage each person to both express their feelings and to become more comfortable feeling their emotions, without the use of mind altering substances. It also gives people an understanding of how others are travelling for the day.

Hot Seat

This is a client run group where one person is given encouragement and the client's peers give him positive feedback and constructive criticism.

Assertions Group

Assertions Group uses a communication model that is designed to help the Clients develop effective communication and listening skills.

Peer Groups

Process Group, Community Council & House Groups

Process Groups are designed to address a variety of different issues occurring in the house. These can include conflicts between Clients, confronting other Client's behaviour and/or attitude, and addressing any boundaries, which have been broken. The primary goal of Process and House groups is to bring a person's behaviour that may no longer be productive to their awareness. The final step in a house group is to support the client to question their behaviour and explore how a change in this behaviour could support them in their personal growth and achievement of goals.

Change is growth, and growth is positive in your progress. All you need for house group is you, and an open mind. Anybody can call a house group whenever they feel an issue is unresolved or see another client continuing with an unproductive behaviour etc. This is your house too.

In Community Council, boundaries breached are discussed. Clients are kept accountable through consequential and reflective thinking based on community decisions. Clients may own a behaviour or deny it and there will be solution focussed peer discussion. Cognitive Behavioural Tools and Learning Outcomes are among solutions given.

Rules for House Groups:

- A Staff member will be present (except for Community Council).
- Use active listening skills.
- One person speaks at a time.
- No swearing.
- Respect other people's opinions, even if not in agreement with them.
- Respect people's feelings.
- Do not place blame on other's or justify behaviours.
- Look for a way to support a change in behaviour.
- Separate the person from the behaviour.
- Everyone is to actively participate.
- Keep focused on a solution.
- Use "I" statements.
- Look for Win/Win situations.
- No anger outbursts.
- Time out may be given whereby anger is arising.
- No leaving group without permission.

Psychoeducation Curriculum

These groups are designed to teach new skills and redevelop old skills to enable Clients to cope with stresses, emotions, conflicts and the general “ups and downs” of life.

Some of the groups held include:

- Anger Management.
- Conflict Resolution skills.
- Relapse Prevention.
- Relaxation techniques, anxiety and stress reduction.
- Personal empowerment.
- Self-responsibility.
- Health education.
- Co-dependency identification.
- Communication skills.
- Boundary setting.
- Recovery from Addiction.

Social Groups and Activities

Big Day Out

At regular intervals the Clients are blessed with an opportunity to socialise, relax, escape from the seriousness of the program and have fun. A variety of activities are available including BBQ's, ten pin bowling, bush walks, games days and other outdoor activities.

Birthdays

We believe in providing a caring home environment for our Clients, and celebrating birthdays is one way we let the clients know we care. We buy a gift and provide a cake for each birthday.

DVD Night

A relaxing night at home where clients can watch movies of their choice with snacks.

R.O.M

Each month the Clients vote for the Resident of the Month Award. A Client who has been consistently improving and applying the tools of the program is selected.



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Program Boundaries

(Sample Only)

Cardinal Boundaries

- Possession and/or ingestion of alcohol, or any other mind-altering substances. *(This includes any substances containing pseudoephedrine hydrochloride or codeine phosphate i.e. Codral Cold and Flu tablets, Nurofen Plus etc.)*
- Sexual activity on or off the premises.
- Acts of violence.
- Denial of random urine analysis.
- Direct Threats of violence to others
- Possession of any drug-related equipment e.g. syringes, bonges etc.
- Acts of violence towards property
- Gambling
- Pornography
- Withholding knowledge of anyone breaking cardinal Boundaries
- Theft
- Self-Harm
- Not taking medication

Breach of these may result in Discharge from the Transformations Program for 2 weeks.

Consequences & Awarenesses

These are an important mode of discipline used in the Transformations Program.

Awareness System

(30 minutes reflection)

- The program requires all clients to hand out awareness slips only in the house.
- A client has 24 hours to give out an awareness slip. A witness must be present with the person issuing the awareness slip. No further discussion about awareness slips.
- The awareness, community council & process book needs to be closed where no one can read the books.

Program Responsibilities

(30 minutes reflection)

- Clients will need to pay their program fee on the due date at the Transformations office during times specified in the campus Boundaries (restrictions will apply if not paid on time).
- Clients are required to be on time, prepared for and to complete all program activities.
- Leave request forms will need to be submitted to the supervisor no less than 24 hours prior to the activity that will be missed. **(2hr)**
- The flow chart is to be followed for any requests.
- The program requires the clients to respect any program activity and not be disruptive.
- Mobile phones are to be switched off and put in the phone box for program activities.

- Clients are to take all personal items or items of use (eg. cup) with them. And keep personal items in bedrooms and items of use are to be put away after use.
- SOAP & Feelings Journal to be completed by 9pm daily.
- Quiet Time begins at 10:00pm from Monday to Thursday and 11:00pm Friday to Sunday. There is no loud music or loud talking allowed during these times.
- Legal Documents and all books e.g. Sign in/ Out Book, Reflection Book, Community Council Book, Process Book, Vehicle Sign/Out Book etc. must be filled in correctly
- Office must not be used for any other purpose other than Transformations purposes (including computers)
- Weekly reflection hours need to be completed by Friday (the remainders will be doubled).

Safety and Security

(30 minute reflection & writing component)

- The last person to leave the house is responsible for the lock up procedure.
- Out of respect clients cannot enter other clients' bedrooms unless given permission.
- Bedroom windows must be closed and locked when a client is off the property.
- The person on lock-up duty is responsible for following the house lock up procedure in the evening.
- All lights and electrical appliances are to be turned off while rooms are unattended.
- Bedroom doors are to be open for the first five minutes from up bed-time so Cliental Leader is able to do room checks. Beds made and rooms are to be tidy at all times.
- Clients to be up at up-bed, and home before curfew.
- All clients must stay together when crossing the road on the morning walk and follow the directions of the person in charge. **(2hr)**
- Clients are to follow all spill kit procedures if there is an accident involving blood. **(2hr)**
- You will need to get your visitors, family and friends approved and checked in with the Residential Leader before entering the property.
- Clients are to observe and obey the road laws **(2hr)** Transformations vehicle policy and procedures are 30 minute reflections.
- Clients are not to enter Chemists until Stage 4. **(2hr)**
- Clients are to carry their house key at all times when off the property. It will cost \$10 to replace key.

Group Activities

(30 minute reflection)

- Clients will need permission from Residential Leader to leave at any time (including toilet break)
- If the activity requires taking notes, then they must be signed off by Supervisor before leaving.
- We ask that you respect the Spiritual Component of program (eg. blaspheming, not standing up during worship, not asking before praying for someone, no laying hands in assessment.)
- Gloves and hair nets are to be worn when serving or preparing food at all times. **(2hr)**
- All meals will need to be made according to recipe found in Menu Book, unless permission has been granted by the Residential Leader.
- All meals in fridge are to be covered with clingwrap, labelled with name and date. To be discarded within 3 days.
- Open cans, mugs, cups or cutlery may not be left in the fridge.
- Foods Boss are to fulfil responsibilities ensuring that delegated tasks are completed.
- Clients are to place rubbish in rubbish bin and recyclable items in recycle bin.
- All sharp kitchen knives are to be locked away at all times when not in use. **(2hr)**
- Eating or drinking during program activities is not allowed (this includes the office when working) or any food in bedrooms. Water bottles are permitted only.

Hygiene

(30 minute reflection and writing component)

- It is a client's own responsibility to have clean sheets on their bed weekly.
- Clothes may only be left on the line for 24 hours. If it rains then the 24 hours start again.
- Clothes cannot be left in the washing machine over-night.
- Personal bedding and clothes cannot be left in the laundry at any time, in a basket or not.
- Shoes are not to be washed in washing machine.
- Personal Hygiene is important: Clients are to shower and brush teeth daily. (Wear deodorant if necessary).
- Clients are not use other Client's toothbrush, razor, comb, brush, make up etc.
- Dirty feet are not allowed on furniture.

Confidentiality

(2 hour reflection)

- All Clients are to follow the Confidentiality Act and not reveal any other Client's details either over the phone or by any other means.
- All details from the Office, any Group or Meeting are to remain confidential, adopting the Boundary that "what is said in the house stays in the house".
- Clients must not give out Transformation House phone numbers or address to anyone unless approved by Staff.

Dress Code

(1 hour reflection)

- Revealing clothing is not acceptable. Appropriate attire will be determined at the discretion of staff. At swimming events both sexes must wear board shorts and tops.
- Uniforms are to be worn for all program activities.
- Enclosed shoes will need to be worn for all work components of the program.

Unhealthy Communication

(2 hour reflection)

- Unhealthy gossip and slander
- Disrespect and speaking against leadership, staff or volunteers of the Transformations program.
- Clients will follow directions from Leadership, Staff, Volunteers, Works and Foods boss or any delegated authority.

Awareness System

- Clients must fulfil their reflection duties during free time and prior to Awareness Group.
**Incomplete hours will roll over to the following week.*
- The only acceptable response when presented with an awareness slip is: "Thank You".
- Awareness slips must be given out for all boundaries crossed a client is witness too, or they will receive an awareness themselves.

Program Responsibilities

- Clients must participate in every aspect of the program according to therapeutic work, Policies & Procedures, rosters, job descriptions, checklists, and manuals.
- No new Tattoos or body piercings (restrictions may apply)
- Internet is not to be used until stage 4 unless permission from leadership.
- TV may be watched in free time If all other responsibilities completed. Supervisor resolves disputes over programs. No TV in bedrooms or on Sunday day.
- Social Media, Video Games and Inappropriate Music and reading material is not permitted.
- All entertainment must be cleared with Supervisor before use.
- Clients must participate in all Group Therapy and the Awareness System.

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Behaviour and Relationships of Clients

- No Client is to initiate an intimate relationship with another person other than a relative whilst in the program.
- No asking, loaning, lending or borrowing of money, cigarettes or tobacco products.
- Clients must only smoke in designated signed smoking areas in free time or on hourly specified breaks during work component of program.
- Clients are not to communicate with anyone in active addiction without permission and/or supervision. (This includes Ex-Clients)
- Clients are not to encroach on anyone's boundaries, e.g. walking in the bathroom while someone is in there, personal touch that is uninvited, visiting people's houses uninvited
- Swearing
- Self-will (deliberate defiance)
- "Neg raving" boasting about or talking about past drug use, sexual activity or criminal activity
- One on one communication, or any inappropriate contact between members of the opposite sex (kissing, holding hands etc).
- Manipulation of people/situations.
- Dishonesty or dishonest behaviour
- Provocative behaviour (deliberately attempting to cause strong reactions in another)

***Breach of any of these Boundaries will result in a reflection as outlined below.*

***Continued breach of the Program or Campus Boundaries may result in a disciplinary contract or discharge from the Program.*

Reflections & Encouragement

| | |
|------------------------------|---|
| Cardinals | Discharge from the Transformations Program or for some a Community Vote can be held |
| P & P | 30 Minutes Work Therapy |
| P & P | Writing Component: CT / Essay on Issue / biblical study |
| All Boundaries with 2 | 2 Hours Work Therapy |
| Community Council | Reflections duties/CBT Learning Contract |
| Community Council | Encouragement CBTs Rewards System |
| Process Group | CBTs, Mindfulness, Learning Outcome & Contracts, Stage Demotion, Curriculum Change |
| Process Group | Restrictions or Disciplinary Contract Mentoring & Counselling Strategies |

Daily Program

(Sample only)

| | |
|-------------------|---|
| 7.00am – 7.15am | Wake up, shower, bed and room tidy |
| 7.15am – 7.45am | Breakfast |
| 8.30am – 9.30am | Morning devotionals and prayer |
| 10.00am – 12.00pm | Life skill courses (eg. Anger Management, Conflict Resolution) |
| 12.30pm – 2.00pm | Lunch |
| 2.00pm – 4.00pm | Work therapy |
| 4.00pm – 5.30pm | Free time |
| 5.30pm – 6.15pm | Dinner |
| 6.15pm – 7.00pm | Feelings Group |
| 7.30pm – 9.30pm | Soak |
| 9.30pm – 10.30pm | Free time |
| 10.50pm – 11.00pm | Bed/lights out |

Volunteer Applications

Applicants are invited to fill in a Volunteer Application form which is passed on to the Director or delegate for consideration. An interview may be conducted and referees may be contacted.

Code of Ethics and General Conduct

Transformations is committed to the values of maintaining and increasing respect for the law and the policies of TPA, respect for others, compassion, diligence and excellence, integrity, collaboration and team work, work environment health and safety and delivery of service to clients.

It is expected that compliance with these core values and associated behavioural standards shall govern the attitudes and actions of all internal and external personnel within and supplying the organisation respectively.

The core values that underpin the code of ethics and form the foundations of Transformations are as follows:

Respect for the Law, and Transformations Policies & Procedures

- We are committed to the principles of compliance and will adhere to all laws including maintenance of legally required business records.
- We comply with all Transformations Policies and Procedures.
- We report to our supervisors, (or if they are considered inappropriate for any reason, then report to their manager) any matters we believe constitute misconduct, fraud, corruption, or unethical practices and that person to whom we report the concern is responsible for investigating the matter.

Respect for Others

- We deal professionally, honestly and courteously with everyone we meet in the course of our daily work and hold ourselves to account for how we behave.
- We refrain from making any disparaging or untruthful remarks about fellow personnel, clients, other community agencies, or material suppliers.
- We are committed to providing all personnel with equal opportunity and shall respect individual and group differences such as age, gender and culture.
- We will abstain from any discriminatory, harassing or bullying activities

Behaviour Towards Clients

- Staff will conduct themselves as mature positive role models, maintaining a professional relationship with the clients at all times.
- We will maintain all clients' information in the strictest of confidence with regard to all applicable laws and Transformations Policies and Procedures.
- We provide service without discrimination.
- Recognise that sometimes the best interest of the client may be served by referring or releasing that person to another program.
- Prohibit any sexual relationship of any kind with any client.
- Prohibit any act of violence towards any client, whether verbal or physical.
- Prevent the exploitation of a client.



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Self Regulating Behaviour

- Realistically assess their own personal strengths, limitations, biases, vocational strengths and effectiveness and remain open to feedback and constructive criticism.
- Make a commitment to take personal responsibility for continued growth through further education and/or training.
- Refrain from behaviour that reflects badly upon themselves and upon Transformations.

Compassion

- We behave in an open, fair and caring manner with all people because we are motivated by Christian love.
- We are attentive, supportive and encouraging, treating others as we would like to be treated.
- We treat each individual client and each other as a person and not as a "case/ problem or project or task slave".

Diligence and Excellence

- We avoid any practices or activities that will detrimentally affect our work for the Organisation and community.
- We carry out our duties in a professional and conscientious manner and will deliver exceptional value and service to our colleagues and clients in the community.
- We regularly evaluate our own practices and reflect on feedback that shall enable implementation of performance improvement strategies that will further enhance the client services we deliver.
- We value continued learning and self-development of skills and personal qualities.
- We recognise and promote innovation.

Integrity

- We lead by example as a witness and testimony of our Christian beliefs.
- We are guided firstly by Biblical principles and then by industry and professional best practice.
- We are culturally relevant, sensitive to others' feelings and attitudes. We therefore ensure that any sharing of our Christian experiences are expressed appropriately.
- We strive particularly for the rights of disadvantaged and underprivileged people in our community.
- We keep the Organisation's information confidential except when disclosure is authorised.
- We use resources effectively and efficiently and in a transparent manner. We therefore ensure that company assets, including computer systems, are not used for personal gain.
- We will avoid any conflicts of interest and ensure that the occurrence of any are declared to our managers regardless of whether such conflicts of interest arise from outside business activities, relationships with suppliers, personal investments, or family activities.
- We refuse commissions, fees or gifts that fall outside normal Australian business practice, or outside the bounds of Biblical principles that define Christian ethical behaviour.
- We speak positively about and to others, never using abusive and/ or obscene language (including avoidance of swearing and blasphemy).
- We dress appropriately and modestly for the designated work area and in accordance with specific industry standards. The supervisor or manager responsible for each designated work area will provide details and enforce the policy.
- We avoid engaging in any practice that could be seen as bribery, fraud or otherwise unethical.

Collaboration and Teamwork

- We work collaboratively with clients and other community agencies and services professionals.
- We value and acknowledge the contributions made by others in working together to achieve common goals. We therefore avoid acts of plagiarism including taking personal credit for the work of colleagues.
- We foster effective teamwork and therefore identify and manage conflict constructively, and mostly at the primary level without any escalation.
- We are solution focused when identifying and resolving problems and issues.

Health and Safety

- We support and contribute to the organisation ensuring a safe and healthy work environment by identifying and reporting to any health or safety hazards to our work area supervisor and/or Workplace Health & Safety Officer.
- We avoid being alone with members of the opposite gender if out of sight of others.
- We abstain from alcohol and all other types of intoxication during working hours.
- In compliance with federal and state government laws smoking is not permitted indoors or in under any covered area.
- We will discuss the affects of medication with the immediate supervisor where prescription medication is likely to affect work and / the work of others.





Volunteer Application Form

Volunteer Name: _____

Contact Details: (m) _____

Date: _____

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Volunteer Application Form

VOLUNTEER INFORMATION

Name: _____ Date of Birth: _____

Contact Details:

Ph: _____

Mobile: _____

Email: _____

Why do you want to volunteer at Transformations?

Do you have any qualifications? YES NO

Please list and provide copies of your academic record showing the subjects completed:

What skills or experience do you have that could benefit the Transformations Program and its Clients:

Have you ever worked or volunteered in a Community based organisation before? YES NO

If YES, please provide details:

In which area would you like to volunteer: (please tick)

Administration

Work Therapy

Special Events

Outreach

House Supervision

Counselling

Facilitating Classes

Fundraising

Doctors Runs

Reception

Promotions

Mentoring

Other: _____

How many hours can you volunteer per week? _____

Preferred Days:

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Volunteer Application Form

Do you have a current Working With Children Check? YES NO

If YES please provide Cardholder details and a copy of your current card:

Card Number: _____ Expiry: _____

Are you willing to attend a Volunteer Orientation Day? YES NO

What additional information does Transformations need from you, to fully consider your application and suitability for Volunteering with the Transformations Program?

ADDITIONAL INFORMATION

Do you currently hold a Drivers License? YES NO

If YES please provide details and a copy of your current licence:

License No: _____ Type: _____

Class: _____ Expiry: _____

What is your family situation? Married De Facto Divorced Single

Do you have any children? YES NO If YES how many? _____

Do you consider yourself to be a Christian? YES NO

If YES how long have you been a Christian? _____

Do you currently attend Church YES NO

If yes, which one? _____

Do you suffer from depression, anxiety or any other mental health issues? YES NO

If YES please provide details:

Have you ever had an addiction? YES NO

If YES please provide details:

Do you currently have any medical conditions we would need to know about? YES NO

Volunteer Application Form

I have read and fully understand and accept the policies and procedures outlined in the Transformations Policies and Procedures manual and agree to be bound them including but not limited to:

- Code of Ethics and General Conduct
- Confidentiality
- Vehicle Use
- Training
- Risk Management
- Client, Staff and Volunteer Rights

Name: _____

Signed: _____

Witnessed: _____

Date: _____



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